

Healthy Communities Newsletter



Geocaching in Plummer Additional and Bruce Mines

Geo Caching is from “geo” meaning geography and “caching” for the act of **hiding something**.

Geo Caching allows all ages to get out and explore our community. Using a GPS, Geo Caching is the “new” game of hide and seek or for those with a more adventurous nature it’s **Captain Jack Sparrow** and his band of desperate pirates hunting for treasure. Take a treasure leave a treasure.

For more information; go to www.geocaching.com or call **705-785-3479**. GPS units will be available at the library for recreational use.

We are in the process of creating a coin as seen above. The coin will have a tracking number, that once found can be logged into the geocaching.com web site.

Plummer Additional and Bruce Mines

Location

N4618.015 W 083
47.410

This cache is great for a day in Bruce Mines. Input the coordinates and go.

Location

N46 26.363 W 083
43.799

This is part of the Pioneer of Plummer Series.

Location

Where should it be? Email me.

Cindy Stonehouse-Jones Healthy Communities Coordinator

Hi my name is **Cindy** and my position is funded through the Ministry of Health Promotion and Sport.

My education consists of Fitness and Health Promotion, Business Administration, and Forestry. I am certified in Yoga, Personal Training, and Drums Alive.

My goal is to help others attain a healthy active lifestyle.

I enjoy receiving ideas or suggestions that the communities might have in order to make this HCF program a success.

Thanks, to everyone who has helped me make HCF a successful program.



Healthy Communities Coordinator

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